

# AUTUMN MENU

## WEEK ONE

MAIN ONE

MAIN TWO

JACKET POTATO

DAILY PASTA

DESSERT

MONDAY

Pepperoni Pizza  
with Potato Wedges,  
Peas and Fresh  
Chopped Salad

Red Pepper and  
Sweetcorn Pizza  
with Potato Wedges,  
Peas and Fresh  
Chopped Salad

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with Tomato  
and Vegetable Sauce

Fresh Fruit Platter

TUESDAY

Devon Beef Lasagne  
with Garlic Focaccia,  
Salad Sticks and Peas

Broccoli, Bean and  
Cauliflower Bake  
with Garlic Focaccia,  
Salad Sticks and Peas

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with  
Cheese Sauce

Raspberry Ripple  
Shortbread

WEDNESDAY

Roast Devon Gammon  
and Gravy with Roast  
Potatoes, Carrots  
and Broccoli

Homity Pie with  
Roast Potatoes,  
Carrots and Broccoli

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with Tomato  
and Vegetable Sauce

Chocolate Muffin

THURSDAY

Chinese Chicken  
Noodles with Fine  
Green Beans and  
Sweetcorn

Vegetable and Butter  
Bean Chilli with White  
and Wholegrain Rice,  
Stir Fry Vegetables  
and Sweetcorn

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with  
Cheese Sauce

Strawberry Mousse

FRIDAY

Fish Cake with  
Chips, Baked Beans  
and Peas

BBQ Vegetarian  
Sausage with Chips,  
Baked Beans and Peas

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with Tomato  
and Vegetable Sauce

Orange Cookie

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

# AUTUMN MENU

## WEEK TWO

WEEKS COMMENCING:  
8/9, 29/9, 20/10, 17/11, 8/12

MAIN ONE

MAIN TWO

JACKET POTATO

DAILY PASTA

DESSERT

MONDAY

BBQ Chicken with  
White and Wholegrain  
Rice, Sweetcorn  
and Fine Green Beans

Roasted Vegetable  
and Tomato Pasta Bake  
with White and  
Wholegrain Rice,  
Sweetcorn and Broccoli

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with Tomato  
and Vegetable Sauce

Fresh Fruit Platter

TUESDAY

Devon Beef Burger  
with New Potatoes,  
Cabbage and Peas

Five Bean Enchillada  
with New Potatoes,  
Cabbage and Peas

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with  
Cheese Sauce

Flapjack

WEDNESDAY

Roast Chicken  
and Gravy with Roast  
Potatoes, Carrots  
and Cabbage

Cheese and Red Onion  
Quiche with Roast  
Potatoes, Carrots  
and Cauliflower

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with Tomato  
and Vegetable Sauce

Fruit Jelly

THURSDAY

Creamy Bacon and  
Penne Pasta with  
Homemade Focaccia,  
Sweetcorn and Fresh  
Chopped Salad

Beany Jollof Rice  
with Homemade  
Focaccia, Sweetcorn and  
Fresh Chopped Salad

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with  
Cheese Sauce

Apple Cake

FRIDAY

Fish Fingers or  
Salmon Fingers with  
Chips, Baked Beans  
and Peas

Butternut Squash  
and Bean Burger  
with Chips, Baked  
Beans and Peas

Jacket Potatoes  
served daily with a  
selection of fillings

Pasta with Tomato  
and Vegetable Sauce

Oaty Cookie

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# AUTUMN MENU

## WEEK THREE

WEEKS COMMENCING:  
15/9, 6/10, 3/11, 24/11, 15/12

MAIN ONE

MAIN TWO

JACKET POTATO

DAILY PASTA

DESSERT

### MONDAY

Devon Beef Bolognese with White and Wholegrain Pasta, Sweetcorn and Salad Sticks

Black Bean and Mozzarella Quesadilla with Half Jacket Potatoes, Sweetcorn and Salad Sticks

Jacket Potatoes served daily with a selection of fillings

Pasta with Tomato and Vegetable Sauce

Fresh Fruit Platter

### TUESDAY

Spanish Chicken with White and Wholegrain Rice, Peas and Fresh Chopped salad

Vegetarian BBQ Sausage with Fruity Couscous, Peas and Fresh Chopped Salad

Jacket Potatoes served daily with a selection of fillings

Pasta with Cheese Sauce

Chocolate Cake

### WEDNESDAY

Devon Pork Sausages and Mash with Carrots and Fine Green Beans

Lentil and Vegetable Wellington with Mash, Carrots and Fine Green Beans

Jacket Potatoes served daily with a selection of fillings

Pasta with Tomato and Vegetable Sauce

Jam Sponge

### THURSDAY

Chicken Fajita Wrap with Potato Wedges, Rainbow Slaw and Salad Sticks

Vegetable Pitta Bread with Minted Yoghurt, Potato Wedges, Rainbow Slaw and Salad sticks

Jacket Potatoes served daily with a selection of fillings

Pasta with Cheese Sauce

Chocolate Mousse

### FRIDAY

Breaded Fish with Chips, Peas and Baked Beans

Vegetable Nuggets with Chips, Peas and Baked Beans

Jacket Potatoes served daily with a selection of fillings

Pasta with Tomato and Vegetable Sauce

Melon and Orange Wedges

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